

Your Secret Weapon to Help Win the Retirement Saving Battle: Roth 401(k)

Thanks to their unique tax benefits and the higher amounts you can contribute, Roth 401(k)s have a lot going for them, when compared to their traditional 401(k) counterparts.



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If you view saving for retirement as a battle, then Roth 401(k) contributions could be your secret weapon.

At our firm, we often find that our clients never realized that a Roth 401(k) was a component they could include in their retirement arsenal. In fact, some investors may be missing out on a savings vehicle that can benefit people in different tax brackets.

[Contributions to traditional 401\(k\)s](#) are made on a pre-tax basis, which means those contributions are subtracted from your taxable income. However, when

you begin withdrawing the money in retirement, the money — plus any gains it has earned over the years — is subject to income tax at whatever your income tax rate is at that time. Contributions to Roth 401(k)s, on the other hand, are made with money you've already paid taxes on, but when you go to make withdrawals in retirement, they are tax-free.

This is where it takes some planning and working with your qualified professionals to help estimate where your tax rate might be. If, after that analysis, you determine your tax rate would be the same or higher in the future, then you have to ask yourself, “Why am I deferring taxes on my income and then increasing that amount by compound interest only to pay the same tax rate or higher in the future?”

More Retirement Income

The most common rule of thumb is that the average person will need approximately [**80% of their pre-retirement income**](#) to sustain the same lifestyle after they retire. But let your budget be your guide. However, not knowing for certain what your tax rates will be in the future, it would seem that saving for retirement should at least partially be done on a post-tax basis.

An anecdote that is commonly used when trying to understand this concept is to imagine you are a farmer. Would you prefer to pay taxes on the small seed you plant or on the entire harvest of your crop? Saving for retirement using a Roth could be like paying income tax on your seed but being able to reap your entire harvest tax-free.

Another benefit of Roth 401(k) contributions is that the maximum limit is much higher than with Roth IRA contributions. For those under age 50, the [**maximum Roth IRA contribution**](#) is \$6,000; for those 50 and older, the max is \$7,000. Compare that to [**Roth 401\(k\)s, where the maximum contribution**](#) for those under 50 is \$19,500, and the max for those 50 and above is \$26,000.

One other important way that Roth IRAs and Roth 401(k)s differ involves the income limits to qualify. There are income limitations for those considering a Roth IRA contribution. If you are single, for 2021 the phaseout of contributions begins from \$125,000 to \$140,000 in annual income. If you are married filing jointly, the phaseout begins at \$198,000 to \$208,000. But Roth 401(k) contributions have no income limitations whatsoever. So, if you are a high-income earner, a Roth 401(k) can be your secret weapon for after-tax savings.

Looking at the Numbers

Let's take a closer look at the numbers. In this comparison, we will look at Roth 401(k) savings vs. traditional 401(k) pre-tax savings. Let's make some broad assumptions. In Scenario 1, we assume you will be in the same tax bracket of 24% pre- and post-retirement, you are earning a 7% rate of return on your investments, and you are saving \$19,500 for the next 30 years.

It's important to note in this scenario that all parameters are equal. By just electing to save into a Roth vs. traditional 401(k), your after-tax balance on your Roth would be \$1,911,105, vs. \$1,834,722 for the traditional 401(k). That's **\$76,383 more in your pocket** by just checking a box — not a bad return on your time investment.

Scenario 2: Now let's look at the same parameters, but let's assume that you will be in a higher tax rate in retirement. For this, we will increase your tax bracket from 24% pre-retirement to a 32% tax bracket in retirement. With a Roth 401(k), you end up with a whopping **\$254,733 more in your pocket after-tax** than you'd have if you invested in a traditional 401(k) — or \$1,911,105 million for a Roth vs. \$1,656,372 for a traditional 401(k). What could you potentially do with \$254,733 in retirement?

Now let's put the final ammunition in your secret weapon. Roth distributions in retirement are not considered adjusted gross income, which could mean keeping

your Medicare premiums lower. This is because your [Medicare premiums are determined by your AGI](#), which would be higher if your distributions were coming from a pre-tax 401(k) contribution vs. a Roth 401(k). Keep in mind that standard Medicare premiums in 2021 are \$148.50 per month, but as your AGI rises, they can surge to up to \$504.90 per month.

So, in your battle to save enough for retirement, be sure you are using all the weapons in your arsenal — especially what could be your secret weapon: Roth 401(k) contributions.

This article was written by and presents the views of our contributing adviser, not the Kiplinger editorial staff. You can check adviser records with the [SEC](#) or with [FINRA](#).

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